



Confetti Creamed Corn

Serves 8-10

Ingredients:

- 1 TBS butter
- 1 red bell pepper, chopped finely
- 1/2 green bell pepper, chopped finely
- 8 oz cream cheese, softened at room temperature
- 1 cup milk, cream or half and half
- 1/2 cup of shredded cheddar
- 1.5 pounds of frozen organic corn
- 2 green onions chopped finely
- Salt and pepper to taste

Preparation:

1. In a large skillet, saute the peppers in the butter over medium heat until the peppers are softened.
2. Add the cream cheese and milk/cream. Cook over medium-low heat, stirring constantly until the cream cheese has melted completely. Add the cheddar and cook until melted.
3. Add the corn, add salt and pepper to taste and cook until the corn has been defrosted.
4. Garnish with the green onions and serve warm.